

Mast and Tower Climbing

Duration 3 days

Venue Lyon Equipment, Tebay, Cumbria

Course code LT17

It is a requirement to provide suitable and sufficient training in the use of any Personal Protective Equipment. Mast and tower climbers using fall arrest and work positioning techniques must be able to use the equipment in a safe manner and be aware of the limitations of this equipment. We offer this course to provide industrial climbers with the detailed information they need to use a harness and lanyards safely, as well as training in rescue techniques.

Who is this course for?

Industrial climbers who need to access all types of lattice structures

Prerequisites

Medically fit and healthy

The minimum age of candidates is 18 years

Course Content

Legislation

Correct fitting and adjustment of a range of full body harnesses

Work positioning lanyards

Vertical access ladders with fitted vertical safety systems

A selection of fall protection systems such as fall arrest blocks

Factors to be taken into account when using fall arrest techniques

Use of permanent fall arrest systems

Climbing and moving around the structure

Equipment selection and inspection

Access techniques

Rigging safety lines

Rescue methods

Assessment

The course assessment is by short written test and continuous practical assessment by Lyon staff.

Certification

A certificate of attendance and test will be issued to successful candidates.

It is recommended that further training is carried out within 3 years.

Full details of our first aid and insurance cover for trainees are available upon request.

Please see our course booking form for our training course terms and conditions.